

Laurie Anne Bulock

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Current Positions

Assistant Professor, Fixed term, Human Development and Family Studies, College of Social Sciences, Michigan State University

Recent Positions

Instructor, Family and Consumer Sciences, College of Education and Human Development, Western Michigan University, August-December 2015.

Affiliate Instructor, Master of Arts in Family Studies program, School of Graduate and Professional Studies, Spring Arbor University, January 2006-December 2015.

Chair of curriculum committee for Master of Arts in Family Studies (MAFS) program, School of Graduate and Professional Studies, Spring Arbor University. The committee is responsible for creating and revising course curriculum, as well as strategic planning for the MAFS program. In 2012 the committee applied for and received “approved program status” for the Certified Family Life Educator (CFLE) from the National Council on Family Relations, which will enable students graduating from the program to apply for provisional certification. As chair, also worked with program director to revise MAFS admission process.

Program Project Coordinator, Master of Arts in Family Studies program, School of Graduate and Professional Studies, Spring Arbor University, Serve in an advisory capacity to graduate student cohorts completing FST 680 Final Program Project. Through this project students develop, implement and evaluate a family life education program in their communities.

Education

Ph.D., Family Studies, Department of Human Development and Family Studies, Michigan State University, 2013.

Dissertation: Theorizing about resilience and its relationship to depression among rural low-income mothers: Mixed methods approaches. B. Ames, Major Professor

M.A., Family Studies, Department of Human Ecology, Michigan State University, 2004.

Thesis: Individual level factors associated with decreased depression among rural low-income women: A family resilience perspective. D. Imig, Major Professor

B.A., Family Life Education, Spring Arbor University, 2000, Magna Cum Laude.

Teaching Experience

Michigan State University

Introduction to Human Development and Family Studies

Michigan State University, Department of Human Development and Family Studies, Fall 2015.

Revised and taught a course for 100 undergraduate students fall 2015. See Curriculum Development for description of revisions. The course introduced students to family science as a field of professional study, including ethical decision making, professional development, and program development.

Individual, Marriage, and the Family

Michigan State University, Department of Human Development and Family Studies, Spring 2015, Summer 2015 (online), Fall 2015.

Taught a course for 250 undergraduate students spring and fall 2015 and 68 undergraduate students online summer 2015 on the development of the young adult in the human ecological context. Issues covered included sexuality, gender, parenting, work and family interface, communication, resource use, and diversity in relationships and families.

Theories of Human Development

Michigan State University, Department of Human Development and Family Studies, Spring 2015.

Taught a course for 6 graduate students on the major theories of human development, including research findings and the validity of theoretical positions.

Evaluation of Human Service Programs

Michigan State University, Department of Human Development and Family Studies, Fall 2014.

Taught a course for 53 undergraduate students on program evaluation design, methodology, and implementation with applications to family, child, consumer, and human service-related programs.

Lifespan Human Development in the Family

Michigan State University, Department of Human Development and Family Studies, Spring 2014.

Taught a course for 220 undergraduate students focused on the multidimensional developmental patterns from conception to death.

Parenting

Michigan State University, Department of Family and Child Ecology, 2009.

Taught a course for 68 undergraduate students focused on the principles of parenting across the lifespan.

Teaching Assistant, Fall 2007, Spring 2008.

Western Michigan University

Effective Parenting

Western Michigan University, Family and Consumer Sciences, Fall 2015.

Taught a course for 19 undergraduate students on the study of the relationships between the development of the child and the process of parental development, as well as school and family relationships. Special attention to systems theory in this course as it applies to the family.

Introduction to Family Life Education

Western Michigan University, Family and Consumer Sciences, Fall 2015.

Taught a course for 29 undergraduate students that introduces students to the profession of family life education and explores career options in family studies and child development. Ethical standards and professional behaviors are discussed.

Spring Arbor University

Family Studies Methodologies I

Spring Arbor University, School of Human Services, Masters in Family Studies Program, 2014-present.

Taught a course for graduate students designed to introduce students to the field of family studies and on the three-fold role of theory for practice. Several theoretical frameworks are studied.

Family Studies Methodologies, II

Spring Arbor University, School of Human Services, Masters in Family Studies Program, 2014-present.

Taught a course for graduate students focused on four areas of program development: the use of logic models, writing goals and objectives, planning for evaluation, and preparing for the literature review process.

Human Development Across the Lifespan

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2011 – present.

Taught a course for graduate students focused on human development from a multidimensional aspect from conception to death.

Final Program Project

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2007 – present.

Have advised and guided several MAFS cohorts successfully through the completion of the final capstone projects for their master's degrees. Through this project students develop, implement and evaluate a family life education program in their communities.

Research Methods

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2008-present.

Taught a course for graduate students focused on the foundations of scientific inquiry, including research design, data collection, quantitative and qualitative techniques, and interpretation.

Family Resource Management

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2006-present.

Taught a course for graduate students focused on family resource management from a systems and ecological approach, with emphasis on the types of resources available to families, and the decision making involved with utilizing resources.

Family Studies Methodologies

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2006-2013.

Taught a course for graduate students designed to introduce students to the concepts and theories of family studies, its history, its practice, and its future as a means of strengthening families.

Human Life Cycle

Spring Arbor University, School of Graduate and Professional Studies, Family Life Education Program, 2008, 2010, 2013.

Taught a course for undergraduate students focused on developmental patterns and issues from infancy to older adulthood and death, dying, and grieving.

Ethics in Family Life Education

Spring Arbor University, School of Graduate and Professional Studies, Masters in Family Studies Program, 2008, 2009, 2011.

Taught a course for graduate students focused on principles of ethical thinking and practice affecting the work of the family professional, and developing a professional identity.

Ethnicity, Social Class, and the Family

Spring Arbor University, School of Graduate and Professional Studies, Family Life Education, 2007, 2008, 2011.

Taught a course for undergraduate students focused on concepts and critical issues related to the diversity of American families, with particular emphasis on ethnicity and social class.

Curriculum Development

Michigan State University: Revised a course for the undergraduate Human Development and Family Studies program to align it with its CFLE approved program credential with the National Council on Family Relations (NCFR).

Introduction to Human Development and Family Studies, 2015, significant revisions involved changing the focus of the course from a human services perspective to a family science perspective and introduces students to the wide range of potential fields within family science, such as family life education, marriage and family therapy, and many more. Students apply for student membership with NCFR, and explore the resources of this professional organization. They are introduced to the process of becoming a certified family life educator (CFLE), including awareness of the 10 content areas of family life education, with an emphasis on ethical considerations of the professional. Students also explore professional development and program development.

Spring Arbor University: Wrote curriculum for two courses for the Master of Arts in Family Studies program in preparation for application to the National Council on Family Relations for CFLE approved program status. In addition, revised the final program project and two courses to update readings and increase program rigor. The two new course descriptions are listed below, followed by descriptions of course revisions:

Parenting in Context, 2008, in this course students explore the interactional and multidimensional contexts that impinge on the mothering and fathering roles. Students explore how the characteristics of parents affects child development and outcomes, how the characteristics of the child influence parents, and how contextual issues such as marriage, work, community/neighborhood, socioeconomics, and wider sociocultural values, beliefs and norms impact both parent and child outcomes.

Human Development Across the Lifespan, 2011, in this course students explore a multifaceted approach to human growth and development that spans the lifetime. The focus of readings and discussions are on factors and processes influencing normal development, as well as how families adjust to developmental delays, disabilities, and loss at any stage of the life cycle. Multiple theories of development are considered, along with an exploration of current research and classic literature on the human lifespan.

Final Program Project, 2012, through this project students develop, implement and evaluate a family life education program in their communities. Revisions were made to increase program rigor and include seven new or enhanced components: mini proposal, internship with a community agency to implement the program, enhanced needs assessment requirement, enhanced evaluation requirement, logging of hours and reflection of time spent in program development and implementation, attendance at a conference or professional development workshop, and enhanced conclusion.

Family Studies Methodologies I & II, 2013, previously one course, this course was divided into two parts in order to better fit into SAU semester schedules. The division provided an

opportunity to focus scholarship for better preparation for program development. The first part focuses on introduction to the field of family studies and on the three-fold role of theory for practice. Several theoretical frameworks are studied. The second part of the course focuses on four areas of program development: the use of logic models, writing goals and objectives, planning for evaluation, and preparing for the literature review process.

Research Methods, 2013, in this course graduate students focus on the foundations of scientific inquiry, including research design, data collection, quantitative and qualitative techniques, and interpretation. The revisions will add a statistics component, and will focus on evaluation research as the specific platform for learning about scientific inquiry. Students will gain a good understanding of the value, methods, and tools of evaluation. As consumers of evaluation research, they will be equipped to consult with evaluators and maintain performance management of programs.

Research Experience

Rural Families Speak: Tracking their Well-being and Functioning in the Context of Welfare Reform

Michigan State University, Department of Family and Child Ecology, 2003-2008

Research Assistant: Managed Michigan's involvement with a longitudinal, multistate, multidisciplinary study on the challenges and complexities faced by rural low-income families within the context of their communities.

Connecting Michigan Families

Michigan State University, Department of Family and Child Ecology, 2003-2005.

Research Assistant: Coordinated a study on the process of the formation of social capital in families and communities within the context of an Internet-based survey system.

Publications

Bullock, L. A. (2013). *Theorizing about resilience and its relationship to depression among rural low-income mothers: Mixed methods approaches*. Unpublished doctoral dissertation, Michigan State University, East Lansing, Michigan.

Bullock, L. A., Ames, B. A., & Imig, D. R. (2008, March). *Mexican origin migrant families: The role of culture in the resilience process*. Research Brief, Michigan State University.

Bullock, L. A., Parra-Cardona, J. R., Ames, B. A., & Imig, D. R. (2008, March). "*Trabajando duro todos los dias*": *Understanding the challenges and needs of Mexican-origin migrant families*. Policy Brief, Michigan State University.

Bullock, L. A., Parra-Cardona, J. R., Ames, B. A., & Imig, D. R. (2008, March). *Rural families speak: Themes and findings*. Policy Brief, Michigan State University.

Bullock, L. A., Ames, B. D., Spicer, J. and Imig, D. R. (2006). Engaging Families Via the Internet: Process and Challenges. *Michigan Family Review*, 11, 5-20..

Parra-Cardona, J. R., Bullock, L., Imig, D. R. & Villarruel, F. A. (2006). “Trabajando duro todos los dias”: Learning from the life experiences of Mexican-origin migrant families. *Family Relations*, 55, 361-375.

Bullock, L. A. (2004). *Individual level factors associated with decreased depression among low-income women: A family resilience perspective*. Unpublished master’s thesis, Michigan State University, East Lansing, Michigan.

Presentations

Bullock, L. A., Ames, B. & Imig, D. R. (2010, November) *Exploring Rural Maternal Depression Patterns*. Poster session presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Bullock, L. A., Ames, B., & Imig, D. R. (2008, March). *Rural Families Speak Project: A Synopsis of Findings*. Presented at the Family and Child Ecology Brown Bag Lunch Series, Michigan State University.

Bullock, L.A., Parra-Cardona, J.R., Imig, D.R., Villarruel, F.A. & Gold, S.J. (2006, November). *Learning from the life experiences of Mexican origin migrant families*. Poster session presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Spicer, J. L., Bullock, L. A., Ames, B. D., & Imig, D. R. (2006, November). *Engaging families via the Internet: Process and challenges*. Poster session presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.

Bullock, L.A., Parra-Cardona, J.R., Imig, D.R., Villarruel, F.A. & Gold, S.J. (2006, October). *Learning from the life experiences of Mexican origin migrant families*. Paper presented at the annual meeting of the NC-1011 Multi-State Rural Families Speak project, Lexington, KY.

Bullock, L. A., Imig, D. R., Rockwell, R., Fleischer Olson, R. (2005, November). *Connecting Michigan Families: Virtually Engaging Families and Communities*. Presented at the annual Parenting Awareness Month Kickoff Conference, Lansing, MI.

Parra-Cardona, J. R., Bullock, L., Imig, D. R., & Villarruel, F. A. (2005, March). “Trabajando duro todos los dias” (*Working hard every day*): *Expanding research agendas by learning from the life experiences of migrant families*. Paper presented at the meeting of the Interagency Migrant Services Committee, East Lansing, MI.

Ames, B. D., Imig, D. R., Spicer, J., & Bullock, L. A. (2004, November) *The virtual family resource center: An evolution of the engagement process*. Poster session presented at the annual Parenting Awareness Month Kickoff Conference, Lansing, MI.

Course Projects

- Bullock, L. A. (2008). Rural maternal and family well-being: A resilience model. Final paper and presentation for PSY 992 Structural Equations Modeling.
- Bullock, L. A. (2007). Rural low-income mothers' mental well-being: A Resilience Perspective. Final paper and presentation for PSY 992 General Linear Modeling.
- Bullock, L. A. (2006). The principle is, be relevant!: The church – family interface in developing shared family meanings. Final paper for SOC 985 Qualitative Field Research.
- Cox, R., Bullock, L.A., & Hu, H. S. (2004). Defining meaning in resilience: A paradigmatic study of families with a special needs child. Final paper for FCE 982 Qualitative Research Methods.
- Bullock, L.A. (2003). Investigating relationships between perceptions and indicators of individual and family well-being. Final paper for FCE 981 SPSS and Secondary Data Analysis.

Academic Honors And Awards

- 2007-2008 Jeanette Lee Scholarship . In recognition of high scholarship and professional potential. Michigan State University
- 2007-2008 Agnes Hunt and Claude Marshall Cade Scholarship . Michigan State University
- 2007-2008 Research Assistantship in Support of Graduate Education, Michigan Agricultural Experiment Station, Michigan State University
- 2006-2007 in Support of Graduate Education (), Michigan Agricultural Experiment Station, Michigan State University
- 2005-2006 in Support of Graduate Education), Michigan Agricultural Experiment Station, Michigan State University

Professional Associations

- National Council on Family Relations, Certified Family Life Educator, 2010-present
- Phi Kappa Phi

Service

- Co-developed 4 year strategic plan for the Masters in Family Studies program, Spring Arbor University, 2011.
- Chair of curriculum committee for Masters in Family Studies Program, School of Graduate and Professional Studies, Spring Arbor University, 2011-present.
- Admission interviews for Master of Arts in Family Studies program, School of Graduate and Professional Studies, Spring Arbor University, 2010-2013.
- Curriculum Committee Member for Master of Arts in Family Studies program and Undergraduate Family Life Education program, School of Graduate and Professional Studies,

Spring Arbor University, 2008-present.

- Graduate Education Committee, Family and Child Ecology Department, Michigan State University. Student representative, 2005 to 2008.
- Michigan Coalition to Reduce Underage Drinking, Prevention Network, 2000-2003.
- Parenting Awareness Michigan, Prevention Network. 2000-2003.
- Michigan Assets Strategies Team, Prevention Network. 2001-2003.
- Technical Review Committee, Michigan Resource Center. 1997-1999.

Related Professional Experience

Prevention Network, 1999- 2003

Program Coordinator: Safe Communities program. Administered grants to statewide community based prevention programs focusing on traffic safety and reducing underage drinking. Reviewed community based grant applications. Assistance and networking to grant applicants, coalitions, or community groups on prevention planning.

Michigan Resource Center, 1994-1999.

Information Specialist: Coordinated information systems, including organizational web site, information searches, all aspects of free loan video/resource library. Served as liaison to national network of substance abuse professionals. Attended national meetings, provided trainings for network members.

Volunteer Service

Riverview Church

- Welcome Team, 2006-present
- RivKids Registration Team, 2010-2014