

## **The CFT Clinic Can Help With:**

- Relationship concerns
- Remarriage & blended families
- Family/couple communication
- LGBTQ concerns
- Anxiety & depression
- Substance abuse
- Trauma
- Divorce & co-parenting
- Sexual concerns
- Children/adolescents
- Work & school stress
- Parenting
- Loss & grief
- Family difficulties
- Divorce
- Life transitions
- Premarital therapy
- Couple enhancement

## **What is Couple and Family Therapy?**

Couple and Family Therapy (CFT) is a type of therapy that looks at individuals, couples and families in the context of their “environment,” or social situation.



With our specialized training we are uniquely able to help with relationship problems as well as many individual issues that may be hindering your functioning.

MICHIGAN STATE UNIVERSITY

*Couple & Family Therapy Clinic*

804 Service Rd., Clinical Center  
Suite A-233  
Michigan State University  
East Lansing MI 48824

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**(517) 432-2272**

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<http://hdfs.msu.edu/clinic>

MSU Clinical Center  
804 Service Rd.  
Suite A-233  
Michigan State University  
East Lansing, MI 48824

### CFT Clinic Hours:

Monday - Thursday  
Friday

9am-8pm  
9am-5pm

## CFT Therapists

The MSU Couple and Family Therapy Clinic is staffed by the Couple and Family Therapy program doctoral students at Michigan State.

All students are supervised by a licensed Marriage and Family Therapist in Michigan who has been granted Approved Supervisor status by the American Association for Marriage and Family Therapy.

## Clinic Fees

The CFT Clinic is self-supporting and operates as a non-profit service to the public on a reduced fee basis.

### Sliding Fee Scale

\$50-\$10/session, depending on income  
\$15 per session for MSU/LCC students  
**No Insurance or Credit Cards Accepted**

*Parking is free in the adjacent patient lot.  
Sessions are 50 minutes in length and start on the hour.*

A Capital Area United Way Affiliated Agency



## Directions

- Located at 804 Service Rd on the south end of the MSU campus.
- From US 127 or I 496 via the Trowbridge Road exit, go south (right) on Harrison, and east (left) on Service Road.
- From Grand River in East Lansing go south (right) on Hagadorn, and west (right) on Service Road.
- From Farm Lane, go east (left) on Service Road, and the Clinical Center is on your right.
- **Park in the Patient Lot to the right of the Clinical Center.**

## BUS ROUTE INFORMATION

### Using the CATA Transportation system:

- Bus 23 stops directly in front of the Clinical Center.
- From Grand River, Bus 20 stops at the Shaw & Farm Lane Boarding Area, where you can transfer to Bus 23.
- Bus 26 will stop at the MSU Cata Transportation Center (MSU CTC), where you can walk to Shaw & Farm Lane Boarding Area and transfer to Bus 23.
- The Sparty Service routes (30, 31, 32 & 33) stops at the MSU CTC where you can transfer to Bus 23.
- Bus 22, 24, 25 & 26 have transfer options to Bus 23.

