

Couple & Family Therapy Faculty

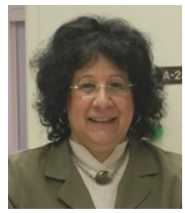
Adrian Blow, Ph.D. **CFT Program Director**

Military families & trauma; HIV/AIDS in South Africa; breast cancer & spirituality/quality of life; common factors in CFT theories; infidelity in committed relationships



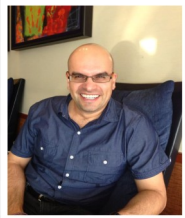
Marsha Carolan, Ph.D. **CFT Clinic Director**

Collaborative healthcare; diverse families; qualitative research, feminist and multi-cultural approaches to the family; violence against women



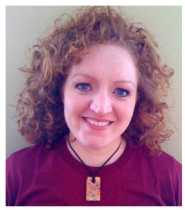
Rubén Parra Cardona, Ph.D.

Assoc. Director of the MSU Research Consortium on Gender-based Violence
Violence against women in Latino populations, with special emphasis on abusers; cultural adaptation of evidence-based parenting interventions; fatherhood and masculinity



Temple Odom, Ph.D. **Clinic Supervisor and Instructor**

Clinical issues surrounding adoption, foster care, and complex families: in particular examining developmental norms and grief and loss within these families



Ana-Rocío Escobar-Chew, M.A. **Assistant CFT Clinic Director/ Postdoctoral Fellow**

Parenting in the Guatemalan context, community-based research, gender-based violence, foster care system, and Latino populations



Couple & Family Therapy Clinic

The MSU Couple & Family Therapy Clinic provides a combination of therapy services, scholarship, research, and community outreach. In addition to services in the Clinic, CFT graduate students provide therapy services in a variety of community placements as well.

CFT Online Certificate Program

The MSU Couple and Family Therapy PhD program hosts the CFT Certificate Program. Completion requires six (6) 3-credit hour online graduate courses. However, over the 2-year cycle of courses, students may opt to take between 1 and 6 courses, depending on their needs. This certificate program is designed to attain licensure requirements and train community professionals and graduate students in CFT theories and interventions.

Core Couple and Family Therapy Requirements

- Common Factors in Couple and Family Therapy
- Contemporary Family Therapy Theories
- Evidence-based Child & Family Therapy
- Diverse Families & Communities: Intervention Strategies
- Sex Therapy
- Couple and Family Therapy Supervision
- Methodology & Statistics: 5 courses
- Qualitative Research Methods
- Advanced Research Methods in CFT
- At least 3 additional statistics/methods classes
- Internship in Couple and Family Therapy
- Doctoral Dissertation Credits

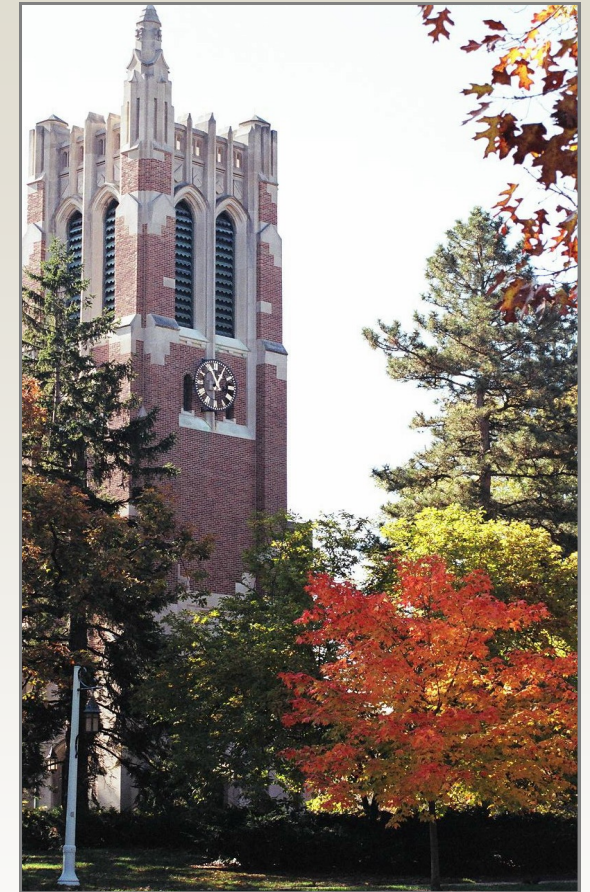
Doctoral students are required to complete a total of 1,000 hours of direct client contact before graduating (pre-doctoral and doctoral hours combined)

CFT Program Director: Adrian Blow

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<http://hdfs.msu.edu/graduate/couple-and-family-therapy>

COAMFTE-Accredited Couple & Family Therapy Doctoral Program



MICHIGAN STATE
UNIVERSITY



**Advancing Knowledge
Transforming Lives**

Couple and Family Therapy at Michigan State

CFT Program Mission

The mission of the doctoral program in Couple and Family Therapy (CFT) at Michigan State University is to produce leaders in CFT research and practice by providing CFT faculty and students from a range of academic backgrounds with high quality research opportunities, teaching experiences, and clinical activities.

About the Doctoral CFT Program

The doctoral specialization in Couple and Family Therapy at MSU provides advanced training for: 1) skills in both basic and applied research, and 2) the application of research and theory to individual, group, couple, and family therapy.

In a context that emphasizes tolerance and self-examination, students are encouraged to pursue lines of research that are personally, as well as professionally, relevant and important. Students are expected to develop an approach to therapy that is consistent and grounded in sound theory and practice. Graduate education in the CFT program is a time of apprenticeship — intensive learning from faculty and students about research, therapy, and ourselves.

CFT faculty come from diverse backgrounds, training programs, and theoretical orientations. However, we share a common interest in continuously supporting and challenging the development of competent scientist-practitioners who understand the importance of a holistic perspective. That is, developing an ecological perspective that takes into account the client couple, family, or individual in the context of their own history and experiences in their lives, their present context, and the context of their homes, neighborhoods, cities, and wider society.



A Brief Description of the MSU Couple and Family Therapy Program

CFT students must have a master's degree to be admitted to the doctoral specialization in Couple and Family Therapy. Students who enter with a master's degree from an accredited CFT program, or its equivalent, will enter the doctoral program directly.

Students with a master's degree in another field (e.g., social work, counseling, psychology, family science) without the equivalent of a master's degree in CFT will complete the necessary coursework and clinical experience judged to be equivalent to that of a CFT master's program.

Students entering the Ph.D. program with a master's degree in CFT typically finish in 4 years or less. Entering with a master's degree in another field may delay graduation from the doctoral program by a year or more.

The CFT doctoral program is accredited by the Commission on Accreditation of Marriage and Family Therapy Education (COAMFTE). In addition to the required coursework, each student must complete 1,000 direct clinical hours. Half the hours must be with couples or families. This requirement is consistent with the requirements for licensure as a Marriage and Family Therapist in the State of Michigan and with the standards of the COAMFTE. An internship that includes clinical work, supervision, administration, and/or research is required for graduation. The internship must be equivalent to a 9-month, 30-hour a week position.

Educational Objectives

1. To prepare students who are competent researchers, teachers, clinicians, and therapy supervisors.
2. To create and maintain a couple and family therapy faculty who are productive researchers and who demonstrate effective teaching, clinical, and supervisory skills.
3. To maintain and enhance a doctoral program that is successful in (a) developing and implementing research that is relevant and appropriate to the CFT and Human Development and Family Studies fields, (b) creating a positive learning environment; and (c) enhancing lives of individuals and larger systems through faculty and student efforts.
4. To create a doctoral couple and family therapy program in which diversity in its many forms is honored through research, teaching, and presentations and publications by students and faculty.

Student Learning Outcomes

- *Research*: Students are actively engaged in research activities.
- *Teaching*: Students have experience with professional teaching.
- *Professional Activities*: Students are active in professional organizations.
- *Clinical Activities*: Students have significant and diverse clinical experiences.
- *Service*: Students serve as volunteers in a variety of settings.